



# Yaxley Runners & Joggers Diary

[www.yaxleyrunners.org.uk](http://www.yaxleyrunners.org.uk)



## Races in (Dec 11) + Jan 12

Tue	27 <sup>th</sup>	Buntingford 'year end' 10
Sat	31 <sup>st</sup>	Ely New Years Eve 10k Waterside 5 (Buckden)
Sun	1 <sup>st</sup>	Wymondham 10k
Mon	2 <sup>nd</sup>	<b>Club Invite F/worth Village Hall</b>
Sun	8 <sup>th</sup>	Cambs Champs x/c-St. Neots
Sun	15 <sup>th</sup>	<b><u>Frostbite 4 (March)</u></b> Ryston x/c 4 Wellingboro MT 5,10,15k
Tue	17 <sup>th</sup>	<b>Folksworth-Leaflet drop</b>
Sun	22 <sup>nd</sup>	<b>23<sup>rd</sup> Folksworth 15</b>
Sat	28 <sup>th</sup>	Southern x/c, Brighton
Sun	29 <sup>th</sup>	Reedham (Gt Yarmouth) 10

## Races in Feb 12

Wed	1 <sup>st</sup>	Harrier League 5k handicap
Sun	5 <sup>th</sup>	<b><u>Frostbite 5 (Bourne)</u></b> Watford ½ Wellingborough 5/10/15k
Sun	12 <sup>th</sup>	Stamford 30k
Fri	17 <sup>th</sup>	<b>Club 'night @ the Dogs'</b>
Sat	18 <sup>th</sup>	Brands Hatch ½ + 10k
Sun	19 <sup>th</sup>	<b><u>Club handicap</u></b> Sleaford ½, Ryston x/c 5
Sat	25 <sup>th</sup>	National x/c P/Hills, London
Sun	26 <sup>th</sup>	Wellingborough 5/10/15k

### 24<sup>th</sup> Frostbite Friendly League 2011-12 (10.15 Juniors/11.00 Seniors)

1. 02 Oct, Priory Park St Neots (Riverside Runners)	4. 15 Jan, Prison Officers Club March (March AC)
2. 06 Nov, Bushfield Sports Centre (Bushfield Joggers)	5. 05 Feb, Bourne Woods (Bourne Town Harriers)
3. 11 Dec, Hinchingsbrooke Pk Huntingdon (Hunts AC)	6. 04 Mar, location TBC Huntingdon (BRJ RRC)
<b>League Presentation evening, Sat 24<sup>th</sup> March 2012 @ The Plough, Farcet Fen (Bushfield Joggers)</b>	

### Club Nights - Jan 12

Mon	2 <sup>nd</sup>	<b>Folksworth @ 10 a.m.</b>
Thu	5 <sup>th</sup>	Ramada Hotel (car park)
Mon	9 <sup>th</sup>	Hampton SF (Orton)
Thu	12 <sup>th</sup>	Regional Pool (car park)
Mon	16 <sup>th</sup>	Hampton SF (Yaxley)
Tue	17 <sup>th</sup>	<b>Folksworth 15-Leaflet drop</b>
Thu	19 <sup>th</sup>	Sawtry sports centre
Mon	23 <sup>rd</sup>	<b>Hampton SF+Speed Training</b>
Thu	26 <sup>th</sup>	Bushfield sports centre
Mon	30 <sup>th</sup>	Hampton SF (London Rd) <b>+Post '15' mtg. 6 p.m. start</b>

### Club Nights - Feb 12

Thu	2 <sup>nd</sup>	Castor (Splash Lane)
Mon	6 <sup>th</sup>	Hampton SF (London Rd)
Thu	9 <sup>th</sup>	Ramada Hotel (car park)
Mon	13 <sup>th</sup>	Hampton SF (Orton)
Tue	14 <sup>th</sup>	<b>Comm Mtg @ Peter's</b>
Thu	16 <sup>th</sup>	Regional Pool (car park)
Sun	19 <sup>th</sup>	<b>Club Handicap-see above</b>
Mon	20 <sup>th</sup>	Hampton SF (Orton)
Thu	23 <sup>rd</sup>	Power League (Stanground)
Mon	27 <sup>th</sup>	<b>Hampton SF+Speed Training</b>

**Please arrive at 6.30 pm to run at 6.45 PROMPT**

**Club handicaps - please arrive by 6.15 p.m. Thu / 10.15 a.m. Sun**  
Hampton SF = Hampton Hargate Sports Facility, Beaumont Way, Hampton Hargate, PE7 8DP

<b>Races in (Dec 11) + Jan 12</b>			<b>Cat.</b>	<b>Website address</b>
Wed	28 <sup>th</sup>	Buntingford 'year end' 10		<a href="http://www.royston-runners.org.uk">www.royston-runners.org.uk</a>
Sat	31 <sup>st</sup>	Ely New Years Eve 10k		<a href="http://www.newyourseve10k.co.uk">www.newyourseve10k.co.uk</a>
		Waterside 5 (Buckden)		<a href="http://www.nicetri.co.uk">www.nicetri.co.uk</a>
Sun	1 <sup>st</sup>	Wymondham 10k		<a href="http://www.wymondhamac.org.uk">www.wymondhamac.org.uk</a>
Sun	8 <sup>th</sup>	Cambs Champs x/c-St. Neots		<a href="http://www.cambsaa.org.uk">www.cambsaa.org.uk</a>
Sun	15 <sup>th</sup>	<b><u>Frostbite 4 (Ramsey)</u></b>		<a href="http://www.frostbiteleague.org.uk">www.frostbiteleague.org.uk</a>
		Ryston x/c 4, Shouldham Warren		<a href="http://www.rystonrunners.org.uk">www.rystonrunners.org.uk</a>
		Wellingboro MT 5,10,15k		<a href="http://www.justracinguk.com">www.justracinguk.com</a>
Sun	22 <sup>nd</sup>	<b>23<sup>rd</sup> Folksworth 15</b>		<a href="http://www.yaxleyrunners.org.uk">www.yaxleyrunners.org.uk</a>
Sat	28 <sup>th</sup>	Southern x/c Brighton	<b>CCh</b>	<a href="http://www.seaa.org.uk">www.seaa.org.uk</a> / contact Sean M
Sun	29 <sup>th</sup>	Reedham (Gt Yarmouth) 10		<a href="http://www.gydac.org.uk">www.gydac.org.uk</a>
		SEAA Masters x/c Shuttleworth		<a href="http://www.seaa.org.uk">www.seaa.org.uk</a>

**Club Championship = CCh, Club Improvers Race = ImpR**  
**Cambs Road Race League = CRL, Advance Performance A1 series = A1**  
**East Midland GP series = EMGP, Suffolk Friday 5 = F5**  
**MT = Multi Terrain, x/c = Cross Country**

<b>Races in Feb 12</b>			<b>Cat.</b>	<b>Website address</b>
Wed	1 <sup>st</sup>	Harrier League 5k handicap		<a href="http://www.nvh.org.uk">www.nvh.org.uk</a>
Sun	5 <sup>th</sup>	<b><u>Frostbite 5 (Bourne)</u></b>		<a href="http://www.frostbiteleague.org.uk">www.frostbiteleague.org.uk</a>
		Watford ½		<a href="http://www.watfordharriers.org.uk">www.watfordharriers.org.uk</a>
		Wellingboro MT 5,10,15k		<a href="http://www.justracinguk.com">www.justracinguk.com</a>
Sun	12 <sup>th</sup>	Stamford 30k		<a href="http://www.stamfordstriders.co.uk">www.stamfordstriders.co.uk</a>
Sat	18 <sup>th</sup>	Brands Hatch ½ + 10k		<a href="http://www.runningfitnessmag.co.uk">www.runningfitnessmag.co.uk</a>
Sun	19 <sup>th</sup>	<b><u>Club handicap</u></b>		<a href="http://www.yaxleyrunners.org.uk">www.yaxleyrunners.org.uk</a>
		Sleaford ½		<a href="http://www.sleafordstriders.org">www.sleafordstriders.org</a>
		Ryston x/c 5, Shouldham Warren		<a href="http://www.rystonrunners.org.uk">www.rystonrunners.org.uk</a>
Sat	25 <sup>th</sup>	National x/c Parliament Hills		Contact Sean
Sun	26 <sup>th</sup>	Wellingboro MT 5,10,15k		<a href="http://www.justracinguk.com">www.justracinguk.com</a>