



Yaxley Runners & Joggers Diary

www.yaxleyrunners.org.uk



Races – Jul 12

Sun	1 st	March spud run 5, Thurlby 10k
Tue	3 rd	Milton Keynes 10k
Wed	4 th	5k – 3
Sun	8 th	Bushy 10k, Spilsby Show 6 M/Keynes ½
Tue	10 th	Ferry Meadows Race for Life
Fri	13 th	Whissendine 6
Sat	??	Hampton Fun Run?
Sun	15 th	St Ives 10k, RAF Marham 10
Wed	18 th	5k – 4
Thu	19 th	Girton (Cambridge) 5k
Sun	22 nd	Club Run – see ????
Wed	25 th	Bedford (Doug Anderson) 5k
Sat	28 th	Heckington Show 10
Sun	29 th	Wellingborough 5

Races - Aug 12

Wed	1 st	5k – 5
Fri	3 rd	Blisworth 5
Sun	5 th	<u>Annual Club Presentation</u> @ Rutland Water inc. Bike Ride & BBQ from 1100 hrs. on
Sun	12 th	Thorney 5, Newark 1/2 Gt. Yarmouth ½ Hermitage (Coalville Leics) 10k
Wed	15 th	NVH 5k, Ferry Meadows
Sun	19 th	Reepham 10k
Sun	26 th	Moulton (Northampton) 10k
Mon	27 th	Grimsthorpe Castle 10k

Peterborough 3 & 5k Grand Prix Series '12

6 th Jun – Sailing Club, Nene Park (NVH)	18 th Jul – Rugby Club, Stamford (Stamford Striders)
20 th Jun – Football Club, Eye (Eye Comm Runners)	1 st Aug – Werrington Sp/Centre (Werrington Jog.)
4 th Jul – Sailing Club, Nene Park (Thorney RC)	All Wed evenings-3k start 7pm/5k @ 7.30pm

Club Nights – Jul 12

Mon	2 nd	Hampton SF (Haddon Lake)
Thu	5 th	Polebrook (M/Close??)
Mon	9 th	Hampton SF (Crown Lakes)
Thu	12 th	Holme (L/crossing c/park)
Mon	16 th	Hampton SF (Orton Mere)
Thu	19 th	Folksworth Village Hall
Mon	23 rd	Hampton SF (Haddon Lake)
Tue	24 th	Werrington Jog Guesstimate
Thu	26 th	Sawtry sports centre
Mon	30 th	Hampton SF + Speed Training

Club Nights – Aug 12

Thu	2 nd	Ramada Hotel (car park)
Mon	6 th	Hampton SF (Crown Lakes)
Thu	9 th	Handicap-Ferry Meadows?
Mon	13 th	Hampton SF (Orton Mere)
Thu	16 th	Eye CR Handicap & BBQ
Mon	20 th	Hampton SF + Speed Training
Tue	21 st	Comm Mtg @ Steve's
Thu	23 rd	Folksworth V/Hall+RNR mtg
Mon	27 th	N/A-Bank Holiday
Tue	28 th	Hampton S/F
Thu	30 th	Black Swan (Farcet)

Please arrive at 6.30 pm to run at 6.45 PROMPT

Club handicaps – please arrive by 6.15 p.m. Thu / 10.15 a.m. Sun
Hampton SF = Hampton Hargate Sports Facility, Beaumont Way, Hampton Hargate, PE7 8DP

Races – Jul 12			Cat.	Website address
Sun	1 st	March 5 'spud run'		www.marchac.org.uk
		Thurlby 10k		www.thurlbyrun.ik.com
Tue	3 rd	Milton Keynes 10k	EMGP	www.
Wed	4 th	5k – 3		www.thorneyrunningclub.co.uk
Thu	5 th	Ryston 'HHH prev Midsummer' 5		www.rystonrunners.org.uk
Sat	7 th	City of Norwich 5k		www.conac.org.uk
Sun	8 th	Bushy 10k	A1+Imp	www.bushfieldjoggers.co.uk
		Spilsby Show 6		www.spilsbyshow.co.uk
		NSPCC Milton Keynes ½		www.mkhalfmarathon.org.uk
Tue	10 th	Ferry Meadows <i>Race for Life</i>		www.
Fri	13 th	Whissendine 6		www.rutlandrunners.co.uk
Sun	15 th	St Ives 10k	CRL	www.huntsac.org.uk
		RAF Marham 10		www.entrycentral.com
Wed	18 th	5k – 4		www.stamfordstriders.co.uk
Thu	19 th	Girton Feast (Cambridge) 5k		www.girton5k.org.uk
Wed	25 th	Bedford 5k		www.bedfordharriers.co.uk
Sat	28 th	Heckington Show 10		www.heckingtonshow.org.uk
Sun	29 th	Wellingborough 5		www.wdac.org.uk
		James Herriot 14k Club Run		See Rob Hall

Club Championship = CCh, Club Improvers Race = ImpR
Cambs Road Race League = CRL, Advance Performance A1 series = A1
East Midland GP series = EMGP, Suffolk Friday 5 = F5
MT = Multi Terrain, x/c = Cross Country

Races – Aug 12			Cat.	Website address
Wed	1 st	5k – 5	CCh+Imp	www.werringtonjoggers.co.uk
Fri	3 rd	Blisworth 5		www.woottonroadrunners.co.uk
Sun	12 th	Thorney 5	CRL & A1	www.thorneyrunningclub.co.uk
		Newark ½ <i>Race Canx.</i>		www.newarkhalfmarathon.co.uk
		Gt. Yarmouth ½		www.gyrr.magix.net/website
		Hermitage (Coalville Leics) 10k		www.hermitage-harriers.co.uk
Wed	15 th	NVH 5k-CRL		www.nvh.org.uk
Thu	16 th	Eye CR Handicap & BBQ		Sign-up Sheet – Changing Rm. 1
Sun	19 th	Welbourn Castle (Lincs) 10k		www.sleafordtownrunners.com
		Reepham 10k		www.reephamrunners.co.uk
Sun	26 th	Moulton (Northampton) 10k		www.northamptonroadrunners.co.uk
Mon	27 th	Grimsthorpe Castle 10k	CCh	www.bournetownharriers.co.uk