

Yaxley Runners & Joggers – Results 2011-12

May

30th – Corby 5M

Lorraine Howard 179/ 39.28 G 6th FV35

27th – London 10k

Peter Thompson 3050/ 53.53 B

20th – Deeping 10k

Ian Vallance 44/ 41.24 B

Jim Grant 55/ 42.08 D

Paul Atherfold 75/ 44.31 B pb

Sue Harlow 91/ 46.59 D pb

Rob Coles 94/ 47.02 B pb

Nikki Timms 101/ 47.49 G pb

Lesley Coles 105/ 48.56 D pb

Andrew Head 114/ 50.31

Barbara Johnson 126/ 51.24 P

Julie Daniels 138/ 52.27 S

Sharron Toms 167/ 55.50 S

Jadine Gordon 180/ 58.23 B

Michael Barker 195/ 61.20 S

17th – Bushy Pub Run

Paul Atherfold

Gavin Farrow

Al Good

Lorraine Howard

Simon Hunt

Barbara Johnson

Steve Joy

Corinne Morgan

Peter Thompson

Gary Thurgood

13th – Eye 10k

Paul Breeze 30/ 39.12 D

Ian Vallance 47/ 40.42 S

Jonathan Cox 64/ 42.09 B

Hugh Burton 66/ 42.16 S

Steve Joy 73/ 42.40 B

Jim Grant 78/ 43.12 D

Petro Bartoszyk 88/ 43.44 B

Duncan Jackson 95/ 43.59 B

Nikki Timms 165/ 48.35 G

Gavin Farrow 166/ 48.36 M

Don Brazier 171/ 48.47 S

Lorraine Howard 177/ 49.10 G

Peter Thompson 204/ 50.55 S

Barbara Johnson 227/ 52.35 P

Susan Williams 250/ 53.36 G

Sally Evans 262/ 54.11 S

Paul Atherfold 263/ 54.11

Julie Daniels 291/ 55.38 S

Richard Turner 300/ 56.07 S

Sharron Toms 306/ 56.29 S

Nina Wright 324/ 57.59 S

Jules Bartoszyk 325/ 58.01 B

Val Stone 338/ 59.47 G

Adrian Flintoff 345/ 60.42

Sharn Phagoora 353/ 61.36 B

Annette Bonsor 357/ 67.29 G

Michael Barker 377/ 65.33 B

11th Blisworth 5k
Stuart Reed 102/ 25.20 G

9th – Silverstone 10k
Ian Vallance 184/ 41.22 B
Paul Atherfold 329/ 45.08 B *pb*
Nikki Timms 589/ 56.47 S
David Robinson 884/ 57.49
Adam Zuk 933/ 59.59

6th – Titchmarsh 10k
Michael Barker 140/ 64.21 B

6th – Langtoft 10k
Ian Vallance 13/ 39.14 S *pb*
Paul Atherfold 57/ 46.15 B
Sue Harlow 67/ 47.11 G *pb*
Nikki Timms 74/ 48.21 G
Peter Thompson 78/ 48.2 S *pb*
Karen Freeman 109/ 52.37 G
Gary Thurgood 125/ 55.39 M
Sharron Toms 152/ 56.53 S
David Robinson 158/ 58.50

4th – Yaxley Runners Invite Night
Neil Bason
Colin Berridge
Chris Burke
Gavin Farrow
Al Good
Lorraine Howard
Julie Howe
Barbara Johnson
Steve Joy
Corinne Morgan
Karen Peters
Stuart Reed
Cathy Semple
Peter Thompson
Ian Vallance
Gary Thurgood
Steve Humphries
Christine Humphries
Tracy Farrow
Margaret Wilson
Sally Kucharski

April

29th – MK Marathon
Paula Irons 126/ 3.15.04 D *pb*
Ian Vallance 181/ 3.20.13 S *pb*
Hugh Burton 187/ 3.20.57 S *pb*
Paul Atherton 976/ 3.54.37 B *pb*
Nikki Timms 1046 4.01.30 S
Rob Coles 1197/ 4.03.12 B *pb*

22nd – Virgin London Marathon
Duncan Jackson 5300/ 3.34.22 B
Neil Bason 9753/ 3.55.47 G 116th MV60
Lesley Coles 11891/ 4.03.34 G
Julie Howe 18515/ 4.29.29 S
Barbara Johnson 19357/ 4.32.54 D 58th FV60
Chris Burke 21110/ 4.39.44 S
Stuart Reed 21561/ 4.41.28 S 85th MV65
Nina Wright 21741/ 4.42.15 B

Colin Berridge 23062/ 4.47.43 S 94th MV65
Neil Farrow 29090/ 5.18.36

22nd – Chilly Filly 5k
Nikki Timms ?/22.38 D
Corinne Morgan ?/ 25.56 D

22nd – Chilly Willy 5k
Ian Vallance 6/ 19.00 S *pb*
Jon Cox 8/ 19.41 S
Jim Grant 9/ 19.57 D
Petro Bartoszyk 11/ 20.22 B
Michael Barker 52/ 29.30 S

15th – Brighton Marathon (positions on official gun time; standards on chip time)
Ian Vallance 893/ 3.28.49 S *pb*
Nikki Timms 2015/ 3.48.51 G *pb*
Karen Ives 1835/ 3.50.25 *pb*
Cathy Semple 3980/ 4.16.03 G *pb*

15th – Camborne Multi-Terrain 10k
Jo Salisbury 381 52.01 S

15th – Chase the Train
Peter Thompson 54/ 1.15.18

15th – Flitwick 10k
Simon Hunt 30/ 38.58 G
Hugh Burton 62/ 41.00 S
Steve Joy 111/ 42.54 B *pb*
Neil Bason 192/ 44.55 D *pb*
Susan Williams 481/ 53.56 G

8th – Friskney Half
Gavin Farrow 98/ 1.46.59 M

8th – Stanwick 10k
Karen Freeman 189/ 52.33 G

4th - Harrier League 5k No.6
Nikki Timms 2/ 22.13 D
Duncan Jackson 7/ 19.38 S
Ian Vallance 10/19.13 S
Neil Bason 20/ 21.14 D
Hugh Burton 24/ 19.50 S

Final League Positions:

1st Nikki Timms

3rd Ian Vallance

4th Neil Bason

1st – Oakley 20M
Ian Vallance 153/ 2.30.49 *pb*
Hugh Burton 159/ 2.31.56
Duncan Jackson 217/ 2.36.36 *pb*
Paul Atherfold 299/ 2.43.47 *pb*
Karen Ives 358/ 2.48.42 *pb*
Neil Bason 372/ 2.50.30 *pb*
Nikki Timms 389/ 2.51.08 *pb*
Stuart Reed 537/ 3.01.51 2nd V65

March

31st – National Lottery Olympic Park Run 5M
Duncan Jackson 270/ 33.13 B *pb*

31st – Coniston 14

Paula Irons 66 /1.33.05 3rd Lady/ 1st FV35

25th – Sandy 10

Carry Murphy 221/ 1.18.31 D

25th – Thorney 10k

Michael Morley 33/ 39.22 S

Rob Smith 105/ 46.30 M *pb*

Peter Thompson 132/ 49.26 *pb*

Lorraine Howard 143/ 50.17 S

Gary Thurgood 168/ 52.44 B

Corinne Morgan 172/ 53.36 D

Sharron Toms 191/ 55.17 S

Val Stone 239/ 63.56 S

Annette Bonsor 240/ 63.56 G

18th – Ashby 20M

Ian Vallance 252/ 2.34.42 *pb*

Nikki Timms 5019/ 2.55.59 *pb*

18th – Baldock Half

Duncan Jackson 42/ 1.35.32 B *pb*

18th – NiceTri 18

Cathy Semple 105/ 2.53.57

18th – Hurden 9

Carry Murphy 25/ 1.10.35 2nd Lady; 1st FV35

Karen Freeman 57/ 1.22.37

11th – Cambridge Half

Simon Hunt 52/ 1.22.54 D *pb*

Lorraine Howard 1272/ 2.01.18 B

11th – Newton's Fraction Half

Carry Murphy 218/ 1.54.51 D

11th – Blackpool Half

Tim Stone 176/ 1.45.09 S

11th – Silverstone Half

Andrew Head 2171/ 1.56.48

Karen Peters 3291/ 2.06.47 S

7th - Harrier League 5k No.5

Neil Bason 6/ 20.57 D *pb*

Nikki Timms 9/ 23.05 G *pb*

Ian Vallance 11/ 19.19 S *pb*

4th – Milton Keynes Half

Adam Bullers 1440/ 1.57.37

Raj Mondair 1590/ 2.00.07 G *pb*

Val Stone 2390/ 2.20.03 S

Sharn Phagoora 2546/ 2.27.17 M

Annette Bonsor 2547 / 2.27.18 S

4th - Frostbite League No.5

Senior Team 12/16

Overall League Position: 12/16

Simon Hunt 43/ 30.14 G

Paul Breeze 69/ 31.19

Mike Morley 84/ 31.56 S

Hugh Burton 90/ 32.96 S

Graham Cooke 99/ 32.06 B

Steve Joy 117/ 33.42 B

Tim Day 145/ 35.22 ?
Jim Katter 181/ 36.43 B
Rob Smith 188/ 36.57 M
Rob Coles 192/ 37.10 B
Lesley Coles 203/ 37.45 D
Duncan Jackson 204/ 37.46 M
Nikki Timms 213/ 38.03 G
Jo Salisbury 231/ 39.14 G
Clif Abbott 232/ 39.16 S
Peter Thompson 245/ 40.24 S
Karen Freeman 281/ G
Jack Little 285/ 42.39 B
Nina Wright 292/ 43.15 S
Gary Thurgood 295/ 43.26 B
David Robinson 319/ 46.07
Holly Goodchild 320/ B
Colin Berridge 321/ 46.36 S
Sharron Toms 335/ 47.53 B

February

26th – Barcelona Half
Peter Thompson 6868/ 1.53.08 S

19th – Club Handicap No. 5 (*Awaiting results*)

19th – Sleaford Half
Ian Vallance 58/ 1.32.32 B *pb*
Neil Bason 104/ 1.41.00 D *pb*
Nikki Timms 171/ 1.48.48 G *pb*

1st – Harrier League 5k No.4
Ian Vallance 2/ 19.45 S
Neil Bason 9/ 21.18 D
Nikki Timms 10/ 23.30 G *pb*
Duncan Jackson 11/ 19.52 S
Claire Piercy 12/ 21.48 D
Gary Masters 13/ 20.34 B

January

31st Waterside New Year's Eve 5m
Al Good 57/ 34.37 D
Carl Moss 72/ 35.47 M
Karen Freeman 180/ 44.53 S
David Robinson 201/ 48.29

29th Brass Monkey 10k
Cary Murphy 99/ 48.24 D
Peter Thompson 126/ 51.10 S

22nd – Folksworth 15
Spencer Evans 29/ 1.37.41
Simon Hunt 65/ 1.43.12
Hugh Burton 99/ 1.48.46
Ian Vallance 117/ 1.50.09
Steve Joy 157/ 1.56.07
Duncan Jackson 166/ 1.56.31
Neil Bason 225/ 2.02.56
Gary Masters 232/ 2.04.25
Carl Moss 234/ 2.04.56
Nikki Timms 239/ 2.05.55
Matt Bone 273/ 2.05.55
Rob Coles 280/ 2.10.11
Stuart Reed 335/ 2.18.10

Julie Howe 347/ 2.20.00
Barbara Johnson 413/ 2.35.46

15th – Frostbite League No.4

Senior Team 10/16

Simon Hunt 28/ 30.16 G
Spencer Evans 29/ 30.17 S
Hugh Burton 85/ 33.09 S
Simon Perkins 92/ 33.37 S
Duncan Jackson 101/ 34.01 B
Graham Cooke 109/ 34.14 B
Ian Vallance 124/ 34.55 B
Jim Katter 139/ 35.41 B
Gavin Farrow 148/ 35.58 M
Doug Livingstone 158/ 36.15 M
Neil Bason 163/ 36.27 D
Claire Piercy 167/ 36.42 D
Andy Head 195/ 37.41 M
Rob Smith 198/ 37.44 M
Rob Coles 200/ 37.50 B
Matt Bone 219/ 38.34
Lesley Coles 235/ 39.20 D
Mark Thomas 239/ 39.32 M
Clif Abbott 240/ 39.35 B
Phil Maltby 245/ 39.45 M
Craig Douglas 246/ 39.46 M
Nikki Timms 247/ 39.47 G
Karen Ives 255/ 40.32 D
Jo Salisbury 256/ 40.37 S
Peter Thompson 272/ 41.35 S
John Harper 286/ 42.22 S4
Keith Shaw 289/ 42.27 M
Julie Howe 291/ 42.46 S
Gary Thurgood 297/ 42.53 B
Julie Bartoszyk 304/ 43.20 S
Julie Daniels 310/ 43.32 S
Nina Wright 326/ 44.47 S
Colin Berridge 345/ 47.20 B
Holly Goodchild 353/ 47.56 M
Michael Barker 363/ 48.38 S
Susan Block 366/ 48.51 S
Val Stone 393/ 51.11 S
Sharn Phagoora 394/ 51.11 M
Annette Bonsor 397/ 51.24 S
Sharron Toms 417/ 55.40 M

8th – Cambridgeshire Cross Country Championships

Senior Ladies

Nikki Timms 36/ 28.15

Senior Men

Simon Hunt 45/ 42.11
Hugh Burton 77/ 46.42
Ian Vallance 96/ 49.39

2nd – New Year's Day Invite Run

Paul Atherfold
Kyle Ballantyne
Neil Bason
Colin Berridge
Annette Bonsor
Paul Breeze
Geoff Brown
Chris Burke
Hugh Burton

Lesley Coles
Mark Evans
Sally Evans
Spencer Evans
Gavin Farrow
Karen Freeman
Al Good
Sue Harlow
Lorraine Howard
Simon Hunt
Duncan Jackson
Barbara Johnson
Steve Joy
Gary Masters
Raj Mondair
Carl Moss
Cary Murphy
Karen Peters
Sharn Phagoora
Claire Piercy
Stuart Reed
Cathy Semple
Tim Stone
Val Stone
Nikki Timms
Ian Vallance
Gary Thurgood
Christine Humphries
Steve Humphries
Sarah Endicott
Tracy Farrow
Clif Abbott

December

31st – Ely New Year's Eve 10k
Suzanne Hall 112/ 42.46 D
Ian Vallance 170/ 45.05 M
Paul Atherfold 281/ 49.26 M
Peter Thompson 312/ 50.43 S
Gary Thurgood 406/ 55.00 B
Michael Barker 504/ 61.18 S
Holly Goodchild 505/ 61.25 M

27th – Buntingford 10k
Duncan Jackson 117/ 1.14.28 M

24th – Cambridge Park Run #98 5k
Mark Hazlehurst 161/ 24.24 B

18th – Club Handicap No.4
David Robinson 1/ 19.54
Neil Bason 2/ 15.17 G
Claire Piercy 3/ 15.50 G
Michael Barker 4/ 20.19 S
Gary Thurgood 5/ 18.47 M
Clif Abbott 16.33 B
Duncan Jackson 13.59 B
Kyle Ballantyne 16.49
Lesley Coles 17.05 G
Nina Wright 19.03 S
Rob Coles 15.37 B

11th – Bedford Half
Peter Thompson 247/ 1.53.55 S

11th – Frostbite League No. 3

Senior Team: 10/16

Simon Hunt 30/ 31.19 G

Spencer Evans 57/ 32.42 B

Paul Breeze 58/ 32.48 G

Jon Cox 82/ 33.54 B

Graham Cooke 100/ 34.43 B

Gary Masters 104/ 34.51 B

Steve Joy 105/ 34.53 B

Ian Vallance 111/ 35.16 M

Mark Pullen 114/ 35.19 M

Duncan Jackson 117/ 35.22 M

Kyle Ballantyne 131/ 36.06 M

Gavin Farrow 138/ 36.31 M

Geoff Brown 168/ 37.54 S

Paul Atherfold 170/ 37.59 M

Rob Coles 174/ 38.05 B

Neil Bason 182/ 38.16 G

Claire Piercy 189/ 38.27 G

Andy Head 191/ 38.31 M

Nikki Timms 225/ 40.23 S

Mark Thomas 227/ 40.37

Lesley Coles 231/ 40.54 G

Keith Shaw 235/ 41.15 M

Clif Abbott 237/ 41.34 B

Karen Ives 241/ 41.52 D

Jack Little 248/ 42.25 B

Lorraine Howard 262/ 43.30 S

John Harper 267/ 43.52 S

Jo Salisbury 268/ 43.53

Gary Thurgood 273/ 44.24 M

Raj Mondair 280/ 44.50 S

Susan Williams 300/ 45.44 S

Julie Bartoszyk 304/ 46.02 B

Emma Parkins 313/ 47.03 B

Colin Berridge 321/ 48.05 B

Adam Zuk 326/ 48.51

Michael Barker 333/ 49.56 S

Sharn Phagoora 353/ 53.06 M

Sharron Toms 359/ 53.37 M

7th – Harrier League 5k No.3

Duncan Jackson 9/ 20.09 B

Al Good 11/ 21.23 G

Gary Masters 14/ 20.35 B

Nikki Timms 17/ 23.56 G

Ian Vallance 20/ 21.24 B

Susan Williams 21/ 23.54 D

Paul Atherfold 22/ 22.17 B

Neil Bason 26/ 22.01 D

4th – Nene Valley 10M

Simon Hunt 33/ 1.01.33 G

Hugh Burton 80/ 1.08.05 S

Graham Cooke 96/ 1.09.29 B

Gary Masters 104/ 1.10.03 B

Duncan Jackson 115/ 1.11.07 B

Ian Vallance 123/ 1.12.18 B

Steve Joy 124/ 1.12.32 B

Al Good 126/ 1.12.42 G

Claire Piercy 148/ 1.14.35 D

Paul Atherfold 161/ 1.15.53 B

Neil Bason 182/ 1.18.02 G

Rob Smith 185/ 1.18.12 M

Susan Williams 212/ 1.20.54 D
Lesley Coles 214/ 1.21.33 D
Nikki Timms 217/ 1.22.21 G
Peter Thompson 222/ 1.22.57 S
Lorraine Howard 229/ 1.24.16 S
Barbara Johnson 238/ 1.26.14 P
Nina Wright 266/ 1.31.45 S
Susan Thorpe 290/ 1.40.57 S
Michael Barker 297/ 1.44.04 S

November

27th – Hereward Relay

Yaxley Hampton Hares 35/ 4.36.40

Andy Head 70/ 50.25
Hugh Burton 35/ 1.15.25
Simon Hunt 23/ 1.15.51
Ian Vallance 39/ 1.136

Yaxley Anti-razor League 44/ 4.40.48

Gavin Farrow 44/ 45.05
Gary Masters 45/ 1.17.36
Steve Joy 56/ 1.24.11
Simon Perkins 34/ 1.13.56

Yaxley Timbo and the Jets 61/ 4.57.19

Tim Stone 56/ 47.48
Mathew Bone 86/ 1.26.49
Duncan Jackson 50/ 1.23.01
Paul Atherfold 60/ 1.19.41

Yaxley Three plus One 77/ 5.11.31

Barbara Johnson 87/ 53.13
Karen Ives 80/ 1.24.52
Paula Irons 26/ 1.16.20
Jack Little 113/ 1.37.06

Yaxley The 8 Minute Men 82/ 5.15.10

Peter Thompson 81/ 52.05
Clif Abbott 93/ 1.30.29
Rob Coles 89/ 1.34.29
Al Good 54/ 1.18.07

Yaxley Girls on the Run 84/ 5.15.49

Lorraine Howard 93/54.02
Sue Howard 77/ 1.24.28
Claire Piercy 72/ 1.29.44
Nikki Timms 90/ 1.27.35

Yaxley 3 Roosters and a Chick 100/ 5.34.35

Gary Thurgood 97/ 55.27
Chris Burke 91/ 1.29.09
Colin Berridge 108/ 1.43.59
Carry Murphy 84/ 1.26.00

Yaxley Run DMC 101/ 5.35.02

Sally-Ann Gibbs 95/ 54.17
Lesley Coles 98/ 1.31.33
Susan Williams 95/ 1.36.15
Julie Howe 106/ 1.32.57

22nd – Cambridge ParkRun No.89 5k

Mark Hazlehurst 42/ 20.12 D **3rd MV50**

20th – St Neots Half

Matt Lauch 54/ 1.24.50 S
Ian Vallance 198/ 1.35.37 B
Al Good 224/ 1.37.06 G
Gary Masters 256/ 1.38.19 M
Duncan Jackson 264/ 1.38.44 M
Kyle Ballantyne 287/ 1.39.56
Carry Murphy 429/ 1.476.15 G
Gavin Farrow 431/ 1.46.15

Peter Thompson 515/ 1.49.34 S
Nikki Timms 551/ 1.50.56 G
Barbara Johnson 599/ 1.53.39 P
Julie Howe 2.01.10 G

12th – Barnsley ParkRun
Mark Hazlehurst 9/ 21.33 S

6th – Frostbite League 5m No.2
Yaxley Runners and Joggers 13/16

Simon Hunt 60/ 30.59 S
Spencer Evans 88/ 31.43 S
Jon Cox 98/ 32.06 S
Mark Hazlehurst 11/ 32.45 D
Hugh Burton 127/ 33.12 S
Ian Vallance 145/ 33.58 B
Graham Cooke 147/ 34.06 B
Duncan Jackson 158/ 34.24 B
Gavin Farrow 167/ 34.52 B
Doug Livingstone 176/ 35.07 M
Steve Joy 181/ 35.13 M
Rob Coles 198/ 35.48 S
Al Good 201/ 35.56 G
Geoff Brown 211/ 36.06 G
Jim Katter 216/ 36.18 B
Paul Atherfold 228/ 36.36 B
Adam Greenough 232/ 36.48 M
James Willett 233/ 36.50 M
Sue Harlow 248/ 37.35 G
Rob Smith 268/ 38.11 M *pb*
Mark Thomas 277/ 38.50 M
Neil Bason 278/ 38.52 G
Sean Murphy 278/ 38.52 M
Lesley Coles 281/ 38.56 D
Andy Head 285/ 39.06 M
Jim Grant 291/ 39.20 S
Nikki Timms 291/ 39.20 G
Clif Abbott 299/ 39.46 B
Keith Shaw 309/ 40.05 B
Chris Burke 313/ 40.19 S
Peter Thompson 319/ 40.33 S
Sharon Cox 321/ 40.39 S
Julie Cox 327/ 41.09 G
Neil Farrow 336/ 41.21
Barbara Johnson 349/ 41.44 P
Gary Thurgood 375/ 42.56 M
Cathy Semple 378/ 43.10 G
Raj Mondair 380/ 43.19 S
Jack Little 382/ 43.26 B
Julie Daniels 401/ 44.29 B
Julie Bartoszyk 402/ 44.35 B
Darryl Block 418/ 45.19 M
Nina Wright 431/ 46.08
David Robinson 436/ 46.24 *pb*
Sue Block 443/ 46.32 S
Carol Riley 444/ 46.34 G
Michael Barker 454/ 47.43 S
Sharn Phagoora 468/ 48.26 S
Anne Meadows 475/ 50.02 B
Helen Waters 498/ 53.24 M
Audrey Jones 499/ 53.30 M

6th – Rutland Marathon
Matt Lauch 27/ 3.19.17 S
Kyle Ballantyne 172/ 4.01.44 M

John Ackroyd 203/ 4.10.49 B
Gary Masters 261/ 4.30.08

6th – Robin Hood Adv. Challenge 10k Trail Run
Corinne Morgan 188/ 56.23 D

2nd – Harrier League 5k No.2
Nikki Timms 3/24.08 G
Ian Vallance 9/ 20.18 B
Adam Greenough 12/ 22.37 M
Neil Bason 15/ 21.15 D
Al Good 18/ 22.04 G
Mark Hazlehurst 35/ 23.21 S

October

31st – Dublin Marathon

30th – Fenland 10
Gary Masters 118/ 1.16.41 M
Claire Piercy 128/ 1.17.42 D
Neil Bason 129/ 1.17.42
Peter Thompson 187/ 1.24.56 S
Nikki Timms 188/ 1.25.02 S
Barbara Johnson 203/ 1.27.09 P
Gary Thurgood 236/ 1.32.08 M
Susan Block 257/ 1.38.25 S
Darryl Block 263/ 1.39.47

29th – Leeds ParkRun 5k
Mark Hazlehurst 59/ 22.27 S

23rd – Ampthill Trophy Cross-country 8k
Ian Vallance 85/ 41.15
Nikki Timms 130/ 46.28
Sean Murphy 132/ 46.36

9th – Great Eastern Run Half
Simon Hunt 115/ 1.23.01 S
Michael Morley 209/ 1.27.38 S *pb*
Hugh Burton 218/ 1.27.56 G *pb*
Jonathan Cox 236/ 1.28.59 S
Caroline Woods 244/ 1.29.15 D *pb*
Mark Hazlehurst 299/ 1.31.00 D
Kyle Ballantyne 349/ 1.32.57 B *pb*
Ian Vallance 509/ 1.36.51 B
Gavin Farrow 512/ 1.36.56 B
Gary Masters 514/ 1.36.59 B
Petro Bartoszyk 536/ 1.37.30 M
Mark Evans 650/ 1.40.09 B *pb*
Duncan Jackson 667/ 1.40.25 M *pb*
Claire Piercy 675/ 1.40.29 D *pb*
John Ackroyd 677/ 1.40.33 S
Paul Atherfold 688/ 1.40.47 B *pb*
Neil Bason 831/ 1.43.35 G
Al Good 834/ 1.43.37 S
Adam Greenough 847/ 1.43.44 M *pb*
Rob Coles 850/ 1.43.46 B *pb*
Mark Pullen 864/ 1.43.57 M *pb*
Sue Harlow 941/ 1.45.09 G
Rob Smith 958/ 1.45.28 M *pb*
Don Brazier 1000/ 1.46.11 s
Susan Williams 1028/ 1.46.41 D
Andrew Burgess 1079/ 1.47.44 B
Lesley Coles 1253/ 1.50.32 D
Lorraine Howard 1291/ 1.50.59 G *pb*

Julie Howe 1317/ 1.51.27 D
Andrew Head 1469/ 1.53.40
Mathew Bone 1484/ 1.53.51
Nikki Timms 1536/ 1.54.42 G *pb*
Barbara Johnson 1667/ 1.56.36 P
Laura Phillips 1711/ 1.57.14 S
Neil Farrow 1784/ 1.58.19
Sally Evans 1790/ 1.58.26 S
Clif Abbott 1854/ 1.59.31 M
Richard Turner 1995/ 2.02.11 B
Corinne Morgan 2025/ 2.02.46 D
Sarah Endicott 2178/ 2.05.40 S *pb*
Colin Berridge 2350/ 2.08.50 B
Julie Daniels 2354/ 2.08.56 B
Julie Bartoszyk 2355/ 2.08.57 B *pb*
Nina Wright 2356/ 2.12.55 B *pb*
Sue Thorpe 2636/ 2.15.56 S
Holly Goodchild 2664/ 2.16.56 M *pb*
David Robinson 2718/ 2.18.25
Michael Barker 2795/ 2.20.52 S
Louise Corcoran 2805/ 2.21.02 *pb*
Helen Waters 2813/ 2.21.33 M *pb*
Juliet Dixon 2819/ 2.21.49 B *pb*
Annette Bonsor 2946/ 2.27 S.38
Paula Wright 3084/ 2.36.37

5th - Harrier League No.1

Neil Bason 2/ 21.42 D
Duncan Jackson 3/ 20.48 B
Al Good 4/ 22.06 G
Gavin Farrow 7/ 20.32 B
Nikki Timms 10/ 25.04 S
Mark Hazlehurst 15/ 20.38 G
Ian Vallance 17/ 20.40 B
Paul Atherfold 19/ 22.30 B
Gary Masters 20/ 21.05 B

2nd – Frostbite League No.1

Yaxley Runners and Joggers 13/16
Simon Hunt 39/ 31.16 S
Jon Cox 60/ 32.23 S
Hugh Burton 64/ 32.30 S

Petro Bartoszyk 114/ 34.57 B
Gary Masters 124/ 35.08 M
Ian Vallance 130/ 35.22 M
Mark Pullen 156/ 36.40 M
Duncan Jackson 175/ 37.21 M
Matt Bone 192/ 38.08 M
Rob Coles 197/ 38.13 B
Claire Piercy 206/ 38.33 G
Paul Atherfold 207/ 38.41 M
Tim Stone 209/ 38.47 S
Mark Thomas 219/ 39.14 M
Adam Greenough 223/ 39.24 M
Rob Smith 225/ 39.27 M *pb*
Susan Williams 239/ 40.12 G
Sean Murphy 242/ 40.19 M
Chris Burke 255/ 41.15 S
Steve Humphries 259/ 41.26 S
Clif Abbott 282/ 43.18 B
Nikki Timms 302/ 44.23 B
Gary Thurgood 309/ 44.56 M
Colin Berridge 338/ 46.37 B
Emma Parkins 349/ 47.47 M

Nina Wright 353/ 48.26 B
Cally Berridge 362/ 49.59 M
David Robinson 367/ 50.37

1st – Wormwood Scrubs ParkRun #6
Mark Hazlehurst 6/ 24.42 B 2nd **MV50**

September

29th – Club Handicap No.3
Mark Evans 1/ 14.55 B
Lesley Coles 2/ 16.36 D
Stuart Reed 3/ 17.41 S
Al Good 4/ 15.13 G
Chris Burke 5/ 17.35 S
Claire Piercy 15.46 G
Clif Abbott 17.07 B
Corinne Morgan 18.55 G
Gary Masters 14.51 M
Ian Vallance 14.21 B
Neil Bason 15.33 B
Neil Farrow 18.03
Rob Coles 15.27 B

25th – West Pinchbeck 10k
Paul Atherfold 67/ 46.31 B
Nikki Timms 103/ 51.47 S

25th – Bourn to Run 10k
Neil Bason 111/ 51.15 S
Julie Howe 135/ 52.58 G
Michael Barker 311/ 1.05.48 B

18th – Round Norfolk Relay
Team: 47/57 27.10.32
Gavin Farrow 36/ 2.13.09
Kyle Ballantyne 32/ 1.49.22
Lenny Peacock 28/ 48.05
Peter Thompson 48/ 1.41.04
Paul Breeze 15/ 1.22.01
Neil Farrow 53/ 1.12.40
Al Good 30/ 1.10.34
Barbara Johnson 46/ 1.02.51
Andrew Burgess 42/1.31.58
Ian Vallance 36/ 2.42.32
Clif Abbot 56/ 2.11.27
Tim Stone 46/ 2.47.02
Jim Grant 42/ 1.50.48
Sally Valentine 55/ 1.25.51
Andy Little 23/ 52.41
Karen Freeman 40/ 47.07
Dan Russell 43/ 1.40.20

18th – Great North Run
Mathew Bone 7697/ 1.52.13
Charlotte Allen 21331/ 2.15.23 M

18th – Swineshead 10m
Michael O'Callaghan 107/ 1.27.51 S

11th – Ieper 14k
Chris Burke 95/ 1.08.43
Stuart Reed 105/ 1.11.20 3rd **MV65**
Colin Berridge 118/ 1.16.51

11th – Grunty Half
Hugh Burton 63/ 1.32.05 B
Kyle Ballantyne 83/ 1.35.00 B
Steve Joy 101/ 1.37.19 M
Ian Vallance 113/ 1.38.56 B
Paul Atherfold 177/ 1.44.21 M
Gavin Farrow 178/ 1.44.28 M
Nikki Timms 310/ 1.58.52 S

4th – North Norfolk Triathlon
Rob Smith 173/ 3.04.10 *10k Run: 55.50*

4th – Richmond River Run 10k
Michael Barker ?/ 65.28 B

4th – Wissey Half
Mark Hazlehurst 29/ 1.29.20 D

4th – Bedford 10k
Neil Bason 111/ 45.26 *pb* D **4th MV60**

3rd – Colwick ParkRun No.11
Mark Hazlehurst 8/ 20.34 G

August

28th – Grimsthorpe 10k
Michael Morley 20/ 40.42 S
Hugh Burton 38/ 42.15 S
Mark Hazlehurst 43/ 42.52 G
Steve Joy 53/ 43.43 B
Ian Vallance 76/ 45.40 M
Paul Atherfold 120/ 48.12 M
Tim Stone 123/ 48.30 S
Mark Pullen 125/ 48.41 M
Rob Smith 141/ 49.26 M *pb*
Susan Williams 163/ 51.05 S
Sue Harlow 192/ 52.50 S
Barbara Johnson 239/ 56.51 D **1st FV50**
Mikki Timms 250/ 58.03 S
Gary Thurgood 251/ 58.04 M
Corinne Morgan 255/ 58.50 S
Val Stone 284/ 62.50 S

21st – Burnham Beeches Half
Paul Atherfold 628/ 2.12.30

18th – Eye Handicap
Gavin Farrow 13/ 27.21
Neil Bason 35/ 28.09
Colin Berridge 42/ 35.07
Mark Hazlehurst 44/ 26.16
Ian Vallance 46/ 27.13
John Ackroyd 46/ 50/ 27.30
Peter Thompson 52/ 32.44
Corinne Morgan 53/ 34.53
Chris Burke 57/ 33.15
Stuart Reed 58/ 32.34
Susan Williams 59/ 30.40

17th – NVH 5k (Provisional results on website incomplete)
Hugh Burton 58/ 19.29 G
Steve Joy 60/ 19.33 S
Mark Hazlehurst 62/ 19.36 D
Kyle Ballantyne 63/ 19.45 S

Gavin Farrow 71/ 20.14 B
Duncan Jackson 81/ 20.49 B
Mark Pullen 90/ 21.09
Mark Evans 93/ 21.20 B
Doug Livingstone 95/
Ian Vallance 96/
Paul Atherfold 109/
Claire Piercy 122/
Andrew Head 129/
Lorraine Howard 140/ 23.54 G
Barbara Johnson 151/ 25.18 P
Michael Barker 164/ 28.19 S
David Robinson 173/ 29.38

14th – Thorney 5M
Jonathan Cox 32/31.45 S
Kyle Ballantyne 58/ 34.49 B
Mark Evans 75/ 36.01 B
Neil Bason 84/ 36.40 D
Paul Atherfold 88/ 36.57 M
Tim Stone 98/ 37.23 S
Jack Little 138/ 42.38 B
Gary Thurgood 140/ 42.52 B
Val Stone 165/ 47.35 S
Michael Barker 177/ 48.49 S
David Robinson 191/ 51.10
Lynne Burrows 201/ 56.54

14th – Gt Yarmouth Half Marathon
Mark Hazlehurst 30/ 1.31.38 D 3rd *MV50*

13th – Norwich ParkRun No. 50 5k
Mark Hazlehurst 32/ 19.54 D

11th – Eye Charity approx. 5M
Hugh Burton 19/ 33.51
John Ackroyd 29/ 35.55
Neil Bason 37/ 37.32
Paul Atherfold 41/ 37.52
Claire Piercy 47/ 38.17
Jack Little 59/ 41.34
Stuart Reed 62/ 41.58
Peter Thompson 67/ 42.20
Gary Thurgood 73/ 44.07
Colin Berridge 82/ 45.46
Annette Bonsor 98/ 51.45

6th – Colwick ParkRun 5k
Mark Hazlehurst 5/ 20.39 G 1st *MV50*

3rd - Peterborough GP 5k No.5
Jon Cox 51/ 19.13 S
Hugh Burton 72/ 19.49 S
Mark Hazlehurst 76/ 19.53 D
Steve Joy 78/ 19.58 S
Kyle Ballantyne 85/ 20.17 B
Suzie Hall 91/ 20.25 D
Gavin Farrow 95/ 20.35 B
Duncan Jackson 102/ 20.57 B
Gary Masters 114/ 21.25 B
Neil Bason 126/ 21.46 D
John Ackroyd 128/ 21.50 S
Paul Atherfold 135/ 21.59 M
Susan Williams 146/ 22.34 D
Rob Smith 147/ 22.34 M *pb*

Al Good 158/ 23.06 S
Claire Piercy 163/ 23.17 G
Andrew Head 170/ 23.37 M
Clif Abbott 173/ 23.48 S
Michael O'Callaghan 190/ 25.13 S
Barbara Johnson 192/ 25.28 P
Julie Bartoszyk 214/ 27.19 B
Julie Daniels 215/ 27.19 B
Michael Barker 225/ 29.19 B
Audrey Jones 233/ 33.59
Helen Wates 234/ 34.00

July

31st – James Herriot Trail Run
Kyle Ballantyne 88/ 73.00
Hugh Burton 107/ 75.38
Matt Bone 129/ 80.31
Claire Piercy 153/ 82.13
Steve Humphries 184/ 84.47
Barbara Johnson 229/ 91.12
Jack Little 233/ 91.45
Karen Freeman 246/ 96.26

31st – Wellingborough 5
Mark Hazlehurst 58/ 33.09 G

30th – Heckington Show 1
Mark Hazlehurst 26/ 67.53 D **3rd MV50**

28th - Club Handicap No.2
David Robinson 1/ 20.21
Paul Atherfold 2/ 15.38 M
Steve Joy 3/ 13.19 S
Mark Hazlehurst 4/ 13.46 G
Kyle Ballantyne 5/ 13.55 B
Andrew Burgess 15.18 S
Barbara Johnson 17.45 P
Carol Bonney 20.16 G
Cary Murphy 16.13 G
Chris Burke 18.10 S
Claire Piercy 16.13 G
Clif Abbott 16.00 S
Colin Berridge 19.37 B
Corinne Morgan 18.48 G
Don Brazier 16.08 S
Gary Masters 14.40 M
Lorraine Howard 17.17 S
Mark Evans 16.35 M
Neil Bason 15.14 D
Richard Turner 17.31 S
Susan Williams 16.06 D

27th - Peterborough GP 5k No.4
Simon Hunt 27/ 18.24 G *pb*
Hugh Burton 50/ 19.51 S
Ian Vallance 51/ 19.52 S
Steve Joy 53/ 19.57 S
Mark Hazlehurst 53/ 20.02 D
Kyle Ballantyne 70/ 20.28 B
Gavin Farrow 78/ 21.02 B
Mark Pullen 92/ 21.35 M
Duncan Jackson 94/ 21.38 M
John Ackroyd 96/ 21.47 B
Paul Atherfold 108/ 22.23 M
Susan Williams 122/ 23.09 D

Claire Piercy 125/ 23.12 G
Lorraine Howard 138/ 24.24 G
Jack Little 141/ 24.52 S
Nikki Timms 146/ 25.32 S
Richard Turner 150/ 25.45 S
Barbara Johnson 152/ 25.52 P

26th – Werrington Guesstimate approx. 5M

Gavin Farrow 25/ 40.54

Val Stone 31/ 50.11

Annette Bonsor 38/ 50.23

Paul Atherfold 65/ 36.57

Neil Bason 67/ 36.55

Colin Berridge 92/ 46.12

24th – Cross Bay Challenge

Stuart Reed 323/ 1.58.34 G **3rd MV65**

24th – London Triathlon

Danny Johnson ?/2.48.00

20th – PACTRAC Sprint Triathlon 3.5M

Rob Smith ?/ 29.46 *pb*

17th – St Ives 10k

Julie Howe 250/ 51.32 G

Barbara Johnson 264/ 52.38 P **1st FV55**

Sarah Endicott 331/ 56.26 B

Michael Barker 380/ 59.19 S

17th – Milton Keynes Half

Peter Thompson 755/ 2.00.33 B

10th – Bushy 10k

Simon Hunt 25/ 38.29 S *pb*

Matt Lauch 29/ 38.54 S

Michael Morley 53/ 40.37 S

Jon Cox 54/ 40.40 S

Petro Bartoszyk 118/ 45.23 M

James Willett 122/ 46.09 M

Paul Atherfold 142/ 47.32 M

Rob Coles 162/ 48.50 B

Gavin Farrow 165/ 48.59 M

Susan Williams 168/ 49.05 D

Nikki Timms 208/ 52.20 S

Barbara Johnson 224/ 53.43 D

Peter Thompson 235/ 54.57 B

Tony Reppucci 265/ 57.51

Julie Bartoszyk 266/ 57.53 B

Sue Caskey 294/ 60.58 S

Michael Barker 62.03 S

Lynne Burrows 302/ 62.37 M

10th – British 10k

Corinne Morgan ?/ 60.52

8th – Whissendine 6ix

Ian Vallance 29/ 42.05

Carry Murphy 84/ 48.50

Chris Burke 98/ 51.25

Stuart Reed 99/ 51.33

Peter Thompson 108/ 52.38

Gary Thurgood 121/ 54.29

Karen Freeman 122/ 55.39

Jack Little 135/ 56.12

Colin Berridge 144/ 58.17

6th - Peterborough GP 5k No.3
Matt Lauch 31/ 17.42 G
Adam Peacock 66/ 19.02 S
Ian Vallance 77/ 19.28 S
Steve Joy 79/ 19.31 S
Kyle Ballantyne 81/ 19.34 S
Simon Perkins 83/ 19.37 S
Gavin Farrow 107/ 20.37 B
Duncan Jackson 123/ 21.07 B
Mark Pullen 144/ 21.57 M
Paul Atherfold 147/ 22.07 M
Clif Abbott 165/ 22.48 S
Susan Williams 167/ 22.51 D
Lesley Coles 178/ 23.16 D
Nikki Timms 192/ 24.29 G
Michael O'Callaghan 193/ 24.32 S
Barbara Johnson 193/ 25.24 P
Nina Wright 221/ 26.38 S
Sue Thorpe 227/ 27.46 S
Michael Barker 234/ 28.59 S
David Robinson 235/ 29.00

3rd – Thurlby 10k
Nikki Timms 71/ 52.15 S
Gary Thurgood 105/ 57.14 M
Michael Barker 129/ 75.18 B

3rd – March Spud Run 5m
Kyle Ballantyne 24/ 36.46 M
Paul Atherfold 51/ 40.29
Sue Thorpe 101/ 52.46 B
David Robinson 115/ 56.49

2nd – Birmingham Black Country Half Marathon
Stuart Reed 514/ 2.01.22 S

June

30th – Werrington Invitation Night
Paul Atherfold
Mark Evans
Al Good
Gary Thurgood

26th – Reedham 10k
Simon Hunt 29/ 40.40 S
Hugh Burton 74/ 44.54 B
Kyle Ballantyne 82/ 45.35 M
Mark Evans 115/ 48.47 B
Tim Stone 139/ 49.39 B
Susan Williams 149/ 50.13 G
Paul Atherfold 160/ 50.29
Julie Howe 191/ 52.17 G
Steve Humphries 217/ 53.48 S
Lorraine Howard 224/ 53.39 S
Chris Burke 239/ 54.42 S
Raj Mondair 249/ 55.41 S
Barbara Johnson 256/ 56.31 D
Sally Evans 264/ 57.12 B
Sally-Ann Gibbs 297/ 59.41 M
Karen Peters 309/ 60.36 B
Colin Berridge 321/ 61.41 B
Val Stone 337/ 64.52 S

Sharn Phagoora 340/ 65.42 M

25th – Crowland 12k

Gary Thurgood 42/ 67.57

Sarah Endicott 45/ 70.36

Michael Barker 49/ 75.18

22nd – Peterborough GP 5k No.2

Matt Lauch 30/ 18.20 G

Hugh Burton 77/ 20.07 S

Steve Joy 80/ 20.12 B

Kyle Ballantyne 90/ 20.25 B

Ian Vallance 95/ 20.35 B

Gavin Farrow 123/ 21.49 M

Adam Greenough 128/ 22.07 M

Rob Coles 129/ 22.08 S

Duncan Jackson 132/ 22.14 M

Nicola Mills 145/ 22.46 G

Andrew Burgess 152/ 22.55 B

Paul Atherfold 159/ 23.03 M

Clif Abbott 166/ 23.18 S

Lesley Coles 180/ 23.59 D

Mark Pullen 183/ 24.13 M

Nikki Timms 191/ 24.40 S

Lorraine Howard 200/ 25.16 S

Richard Turner 209/ 25.50 S

Barbara Johnson 210/ 25.52 P

Nina Wright 230/ 27.49 S

Michael Barker 240/ 28.59 S

Sue Thorpe 242/ 29.09 S

19th – Huntingdon 10k

Ian Vallance 47/ 44.57 M

Neil Bason 81/ 47.48 G

Susan Williams 125/ 51.06 G

Nikki Timms 149/ 52.15 S

Michael Barker 310/ 1.03.03 S

19th – St Neots Triathlon 5k Run

Cathy Semple 24.57 D

16th – BRJ Invitation Night

Clif Abbott

Colin Berridge

Chris Burke

Gavin Farrow

Christine Humphries

Steve Humphries

Corinne Morgan

12th – Ramsey Abbey 10k

John Cox 33/ 40.50 S

Kyle Ballantyne 44/ 42.32 B

Ian Vallance 71/ 44.30 M

Neil Bason 88/ 46.11 G

Mat Bone 91/ 46.34 M

Paul Atherfold 99/ 47.19 M

Tim Stone 118/ 48.38 S

Susan Williams 124/ 49.35 D

Nikki Timms 139/ 50.59 S

Julie Howe 147/ 51.53 G

Sharron Toms 197/ 58.15 S

Michael Barker 204/ 59.25 S

Julie Bartoszyk 208/ 60.06 B

Val Stone 216/ 63.24 S

Annette Bonsor 217/ 63.30 G

12th – St Albans Half
Sue Harlow 537/ 1.44.39 G

12th – Heroes Half Marathon Bassingbourn
Mark Hazlehurst 50/ 1.33.43 G

11th – PACTRAC Sprint Triathlon 3.5m
Rob Smith ?/ 30.41

11th – Bedford ParkRun No.1
Mark Hazlehurst 20/ 20.22 G **1st MV50**

9th – Club Handicap No.1
Kyle Ballantyne 1/ 13.46 B
James Willett 2/ 14.22 B
Ian Vallance 3/ 13.42 B
Chris Burke 4/ 16.56 S
Susan Williams 5/ 16.21 D
Al Good 15.48 S
Anne Meadows 18.54 S
Barbara Johnson 17.23 P
Clif Abbott 16.56 S
Colin Berridge 20.30 B
David Robinson 21.11
Cathy Semple 17.32 D
Lesley Coles 16.44 G
Mark Evans 16.21 M
Mark Hazlehurst 14.20 G
Mat Bone 15.30 M
Mike Barker 20.25 S
Neil Bason 15.08 D
Nikki Timms 17.34 S
Paul Atherfold 15.05 M
Steve Joy 13.39 B
Stuart Reed 18.20 S

8th – Peterborough GP 5k No.1
Matt Lauch 35/ 18.29 G
Hugh Burton 70/ 19.43 S
Simon Perkins 71/ 19.44 S
Mark Hazlehurst 87/ 20.08 D
Steve Joy 93/ 20.18 B
Kyle Ballantyne 94/ 20.20 B
Ian Vallance 104/ 20.38 B
Gavin Farrow 115/ 21.14 B
David Bartle 139/ 21.53 M
Adam Greenough 150/ 22.25 M
Rob Coles 151/ 22.27 S
Paul Atherfold 156/ 22.38 M
Duncan Jackson 157/ 22.40 M
Clif Abbott 169/ 23.19 S
Al Good 180/ 23.43 S
Lesley Coles 198/ 24.31 G
Nikki Timms 205/ 24.48 S
Jack Little 207/ 24.49 S
Michael O'Callaghan 209/ 24.53 S
Barbara Johnson 222/ 25.32 P
Richard Turner 234/ 26.23 S
Michael Barker 261/ 28.49 S

5th – Bourne Woods Rotary 5M
Ian Vallance 7/ 34.12 B
Nikki Timms 25/ 41.19 S **1st Lady**

Michael Barker 48/ 49.50 B

5th – Woodhall Spa 10k
Clif Abbott 362/ 48.54 S

4th – Cambridge ParkRun 5k No. 69
Mark Hazlehurst 34/ 20.38 G

2nd – Yaxley Invitation Night
Clif Abbott
Paul Atherfold
Kyle Ballantyne
Neil Bason
Colin Berridge
Carol Bonney
Stan Burgess
Chris B, Hugh Burton
Gavin Farrow
Karen Freeman
Al Good
Adam Greenough
Sue Harlow
Lorraine Howard
Julie Howe Steve Humphries
Barbara Johnson
Steve Joy
Jack Little
Anne Meadows
Raj Mondair
Corinne Morgan, Karen Peters
Sharn Phagoora
Claire Piercy
Carol Riley
Cathy Semple
Peter Thompson
Gary Thurgood
Ian Vallance James Willett
Susan Williams