



# ***Yaxley Runners***



# WELCOMING NOTES . . .

Hello and welcome to the first Yaxley Runners newsletter of 2012.

First of all, let me start by thanking each and every person who helped ensure that the Folksworth 15 was a fantastic success once again on Sunday.

As ever, the race was a complete sellout, and, in fact, was full well before Christmas. And the comments on the Runners World website were full of praise, with many of those taking part particularly pleased with the excellent organisation and how helpful everyone was.

Amazingly, despite the extremely windy conditions,

the course record was broken, with Aaron Scott of Nene Valley Harriers finishing more than two minutes ahead of his nearest competitor in 1:19:07.

Spencer Evans was the first Yaxley member home in 1:37:41 to finish a fantastic 29th, with Simon Hunt, Hugh Burton, Ian Vallance, Steve Joy, Duncan Jackson, Neil Bason, Gary Masters, Carl Moss, Nikki Timms, Matt Bone, Rob Coles, Stuart Reed, Julie Howe and Barbara Johnson also competing.

So, thank you, once again. The race is vital in ensuring that the club remains financially sound, and there's no

way we could do it without all of your help.

Since the last issue, we have had three Frostbite races, with great turnouts of Yaxley members at each event.

We currently sit in 12th place in the league standings, although a top 10 place is not out of reach if we can do well at the final two races, which take place at Bourne Woods on Sunday, February 5, and in Huntingdon on March 4.

Please do try to turn up if you can, it's always great to see dozens of yellow and green tops on display at these races, and the more runners we have in action,



the more chance we have of moving up that league table.

In the midweek Harrier League events, our members are certainly doing the club proud, with four of the top six positions being occupied by Yaxley runners.

Nikki Timms currently sits in second, with Al Good, Neil Bason and Ian Vallance hot in pursuit.

The next Harrier League race takes place on Wednesday, February 1. The 5k race is run in a handicap format, and the action starts at 7pm. Meet in the car park next to O'Brien's, in Lynch Wood, from 6.30pm. Entry costs just £1.

Away from the Frostbite and Harrier Leagues, members have been involved in a variety of other races.

In November, four runners competed in the Rutland Marathon, with Matt Lauch leading the team home in 3:19:17. Kyle Ballantyne clocked 4:01:44 in his first 26.2-miler, while John Ackroyd completed the course

in 4:10:49 and Gary Masters finished in 4:30:08.

Mr Lauch was again the first Yaxley member home at the St Neots Half Marathon just a fortnight later in 1:24:50.

Among the highlights of the other performances was Barbara Johnson, who attained a platinum standard by finishing in 1:53:39.

A week later saw one of the highlights of the club's running year - the Hereward Relay.

Last year we had eight teams taking part in the race between Peterborough and Ely. And it saw one of the best ever performances from a Yaxley team, with the Hampton Hares (Andy Head, Hugh Burton, Simon Hunt and Ian Vallance) finishing in a superb 35th place.

A big well done to all the other teams - The Anti-Razor League, Timbo and the Jets, Three Plus One, The Eight Minute Men, Girls on the Run, Three Roosters and a Chick, and Run DMC - who

all ensured the event was as enjoyable as ever.

The final big race of the year was the Nene Valley 10, in Bretton.

Once again, we had another fine turnout of members, with Simon Hunt first home in 1:01:33. The first lady home was Claire Piercy in 1:14:35.

Away from running, the club held its Christmas party at Peterborough Rugby Club in December.

The club's next social event is a night at Peterborough Greyhounds on Friday, February 17.

The club has a private suite booked for the night, with food provided. There will also be dedicated bar and betting facilities. It should be a great night, and a bargain at just £15. Places are limited to 40 people, so put your name down on the list in the changing room or contact Peter Thompson as soon as possible if you want to attend.

Finally, I am sure you will all join me in congratulating members Tracy and Gavin Farrow on the birth of their second son Cayden, pictured above, who was (eventually!) born earlier this month.

Congratulations also go to Steve Joy, who married fellow club member Al Good's daughter Katie in December.

If you have any pictures, news or articles you would like featured in future newsletters, please send them to [duncan.jackson@jpress.co.uk](mailto:duncan.jackson@jpress.co.uk).

It would be great to get some input from other members - and I'm sure everyone is bored with just hearing me droning on in each issue!

*Duncan*



# We're going to the dogs!

Enjoy a night at the Peterborough Greyhounds, with food, in a private suite with Yaxley Runners. Tickets cost just £15. Please put your name on the list in the changing room.  
**Friday, February 17**



Things have been going from strength-to-strength for the junior section over the winter months.

Despite the dark evenings and the cold weather, we have been delighted, and a little surprised, to see that numbers have not fallen away at all, demonstrating just how dedicated our young members are to the club.

Obviously, Tracy has been out of action since the turn of the year, and the club is required to have a Level Two coach supervising the sessions, so Tim and Carol Cook from Werrington Joggers have kindly agreed to help our own Level One coaches each Friday night until the new mother is ready to return.

As well as being impressed by the turnouts

at clubs on a Friday night, we have been thrilled to see so many kids coming along to races.

Since the last newsletter, we have had Frost-bites at Hinchbrook Park and March, and the first ever junior club handicap.

Fifteen members came along to Huntingdon in December to see us finish a fantastic sixth overall on the day, while we had 13 youngsters travel over to March as we came eighth.

Those results mean that we are continuing to climb the league table, and we currently sit in ninth place, hot on the heels of March and Thorney.

Away from running, three of the club's junior coaches (Duncan, Claire and Kyle), as well as Hugh Burton, completed a first aid course.

Everyone connected with the junior section is delighted with the progress we have made as a club in this area over the last three or four months, and hopefully we can continue to build on this in 2012. There is already a great atmosphere within the club, and I'm sure this will only improve in the coming year.

All the coaches continue to improve each week, and it is great to see so many youngsters outdoors, keeping fit and having fun, rather than being sat indoors in front of their Xbox on a Friday night.

The junior section meets every Friday, at 6pm, at the Hampton Hargate Sports Facility.

Children aged nine and above are welcome to attend, and membership costs £10 a year.

# JUNIOR SECTION





## Hereward Relay



## Hereward Relay



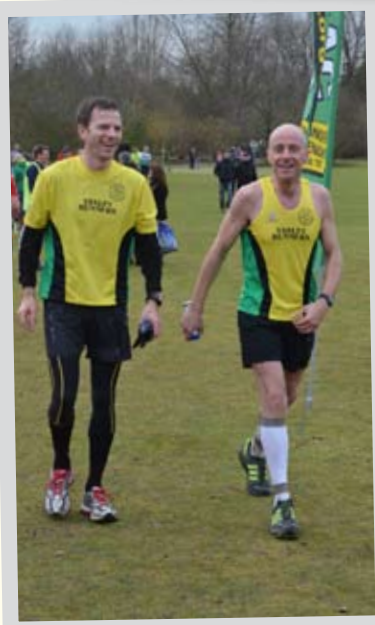
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► **Hinchingbrooke Frostbite**



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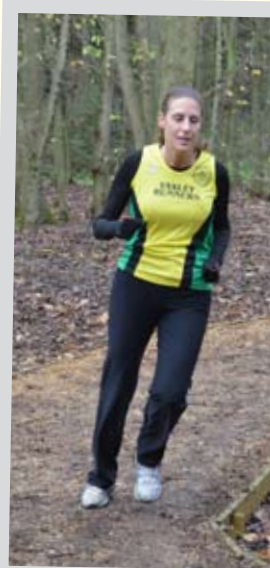


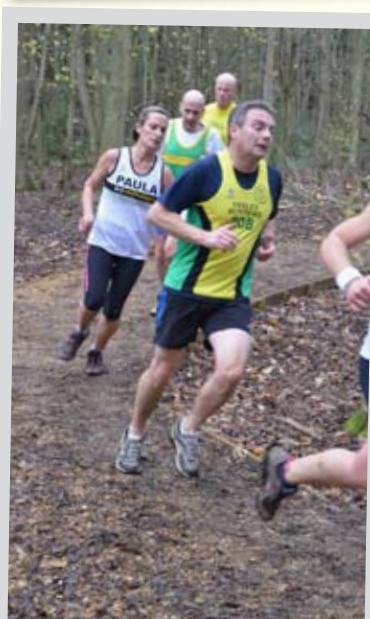
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## Hinchingbrooke Frostbite



## Christmas party



PHOTO ALBUM

PHOTO ALBUM





## Christmas party



## Christmas party





► Around The World With Yaxley Runners



Rob, Lesley, Harriet and Ted Coles proudly show off their Yaxley colours on the Golden Gate Bridge, in San Francisco. If you have any pictures of yourself displaying your green and yellow top around the world, please send them in!

# RUN24

24 hour individual and team relay race

## RUN - CAMP - EAT - SLEEP - RUN



30th June - 1st July 2012 - all day / all night

Looking for a new running challenge - this is it!

Open to everyone -

Ultra runners, fun runners, charities, running clubs -  
If your not an ultra runner just get some friends together and enter a team

Run24 is a twenty four hour race run over an 8 Kilometre (5 mile) loop of woodland trails, parkland and estate roads. It takes place in the scenic Wasing Park Estate, Aldermaston near Reading.

Free camping, entertainment and beautiful surroundings give it an exciting festival feel. Its open to individuals, clubs, corporate teams, charities in fact anyone who wants a new challenge. Experienced ultra runners and endurance virgins are equally welcome.

cats - individual, pairs, team 3,4 or 5 runners, team 6,7 or 8 runners  
mixed male/female, all female, all male

[WWW.RUN24.CO.UK](http://WWW.RUN24.CO.UK)

If you want to take part, e-mail [duncan.jackson@jpress.co.uk](mailto:duncan.jackson@jpress.co.uk)



Races 2011/2012

1. Peterborough Grand Prix No. 5
2. Grimsthorpe 10k
3. Great Eastern Run
4. Frostbite Race 2 – Bushfield
5. Nene Valley Harriers 10
6. Cambs Cross-Country Championships
7. Stamford 30k
8. Frostbite Race 6 – Huntingdon
9. Flitwick 10k
10. Eye 10k

Men's leaderboard

1. **Hugh Burton**
2. Simon Hunt
3. Mark Hazlehurst
4. Jon Cox
5. Mike Morley
6. Ian Vallance
7. Steve Joy
- 8=Spencer Evans
- 8=Gary Masters
10. Duncan Jackson

After Race 6, Cambs X-Country Champs

Women's leaderboard

1. **Susan Williams**
- 2=Sue Harlow
- 2=Claire Piercy
- 4=Lesley Coles
- 4=Nikki Timms
6. Barbara Johnson
- 7=Suzie Hall
- 7=Caroline Woods
9. Lorraine Howard
10. Julie Howe

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CLUB CHAMPIONSHIPS