(Issue v3 19-09-20)

Dear Runner.

Returning to Yaxley Runners and Joggers club runs during the Covid19 pandemic has resulted in many changes following Government and England Athletics advice. We will do all we can to keep you safe from the risk of infection from Covid-19 whilst you are attending a Yaxley Runners Club run. We will use the precautions outlined below.

However, you must play your part as well, and we must therefore ask you to agree to comply with the following conditions when attending a club run.

**Medical**

You must notattend a club run if:

1. You are in the ‘Extremely vulnerable’ category.
2. You have any Covid19 symptoms = cough, high temperature, recent loss of smell or taste.
3. You are self-isolating because a member of your household has symptoms.

If you feel ill:

* While at a Yaxley Runners run you should leave as soon as possible after informing your group leader, or the run co-ordinator.
* At home, after attending a run, you must inform either Run Night Coord. Karen Ives (07743-974762) or CV19 Officer Raeanne Elliott (07932-750847) or any committee member so we can Test& Trace other attendees.
* In these cases Government advice is “Stay at home and get a test.” <https://www.nhs.uk/ask-for-a-coronavirus-test> or call 111.

**Yaxley Runners and Joggers Conditions**

Our Basis of Safety is: Distancing at 2m at all times.

Sanitiser and masks will be available

1. You must be a paid up member of Yaxley Runners and Joggers
2. You must sign in with the run co-ordinator on arrival to say you are within the Medical fitness conditions, so we can inform test and trace if required.
3. You MUST follow the instructions of the run co-ordinator or other responsible person whilst attending a club run.
4. Should you decide to leave your run group before the completion of the run, you MUST inform your group leader.
5. You will be asked to leave the run if you cannot follow these requirements, for the health of others.

**I agree to these conditions.**

Name (print): ………………………………….…..…………

Signed………………………………………………………...Date:………………………………………:

*Please sign and e-mail this form to.*[yaxleyrunners@gmail.com](mailto:yaxleyrunners@gmail.com)

Alternatively please copy and email the following statement to [yaxleyrunners@gmail.com](mailto:yaxleyrunners@gmail.com)

I ……………………………………agree to abide with the conditions set out in the Yaxley Runners and Joggers Return to Club Nights during Covid19 Declaration